

COMPUTERIZED WEIGHT LOSS Saturday November 14 2026

Live class, Orlando Florida Just a short drive to Disney, Universal and Sea World

Class #1 November 14 2026 Computerized Weight Loss \$195.00 9:00 am to 4:00 pm

Class # 2 November 15, 2026 Helping clients to overcome addictions \$195.00 9:00 am to 4:00 pm

Attend one or both classes. A huge discount for attending both days. See below.

Why Computerized?

When you realize that there are over thirty million possible variations. In fact, the exact number is **32,768,000**. This program is a must. In this workshop Don will share with you exactly what he has mastered over 46 years working with weight loss. Participants will leave feeling both confident and competent in their ability to conduct both private and group weight loss sessions. This a live training and is only taught on November 14, 2026 in Orlando.

Weight loss can be one of the most challenging types of session.

Approximately 73.6% of U.S. adults aged 20 and older are considered overweight. Compare that with worldwide, about 43% of adults are overweight.

The idea of simply reading a script to a client, and hoping to have success is not realistic. You will have an intake form that will have a full personality test, followed with 30 specific techniques that will go way beyond a simple script. Some hypnotists like direct suggestions. Others like indirect suggestions. Then there are those who love metaphors. Which one is best? That is easy. You need to utilize each one of these for every session.

What you will learn

How to implement the material that is on your free USB drive

- * Eliminating emotional eating
- * Speeding up the metabolism
- * Having a spouse help, rather than interfering
- * Removing negative imprints from the past
- * Motivation to exercise every day
- * Removing negative imprints from the past
- * Building a \$100,000.00 weight loss practice
- * Teaching a 3 hour weight loss workshop
- * How to eat less and enjoy it more
- * Using regression without abreaction
- * Turning past failures into success
- * Enjoy saying no when tempted
- * Controlling late night eating
- * Using powerful key words
- * Working with those with sugar addiction
- * How to administer the personality test
- * Twenty questions to formulate your session
- * Bowling story that works with all clients
- * A ten-cent item that will increase referrals by 20%
- * Changing a number that motivates all clients
- * Pricing your sessions.

Saturday November 14, 2026

Computerized Weight Loss

Class 9:00 am to 4:00 pm

Sunday November 15, 2026

Hypnosis helping to Eliminate Addictions

9:00 am to 4:00 pm

Register today ! Phone 1-603-429-9438

Online at www.ngh.net

By mail NGH Box 308 Merrimack, NH. 03054.

Questions for Don?

1-800-288-3065 dmottin@hotmail.com

Attendees will receive a certificate for each class.

Tuition \$225.00 Enroll 7 days prior to class \$195.00 Computerized Weight Loss

Tuition \$225.00 Enroll 7 days prior to class \$195.00 Helping clients overcome addictions

Attendees will receive a certificate for each class. **TAKE BOTH CLASSES FOR ONLY \$295.00**

This program will take your weight loss sessions to the next level. This one day class will

See other side for Sunday class

Hypnosis helping to Eliminate Addictions